

Bali Massage

A unique combination of Balinese techniques, acupressure and muscle manipulation in a harmony of movement for the entire body.

Swedish Massage

A massage done with the aid of oils, incorporating long, smooth, slow strokes, creating a very relaxing experience.

Pregnancy Massage

Expert techniques are used to alleviate discomfort during pregnancy. Learn safe massage techniques to ensure a comfortable pregnancy and an easy delivery.

Aromatherapy Massage

A gentle massage created to soothe and revitalize the mind and body, using a blend of aromatherapy and essential oils.

Indian Head Massage

A wonderful massage for your head, neck, shoulders, arms and upper back. This will stimulate the blood circulation to your scalp, nourishing it and improving hair growth. This treatment is also effective in relieving headaches.

Stress Free Back Massage

Feel the tension in your shoulders, neck and lower back melt away with this relaxing massage, where the areas of focus will be customized according to your needs.

Four Hands Massage

Two therapists working in unison to give you a deeply relaxing, sensual massage.

Shiatsu Massage

This massage uses pressure, rubbing, stroking and other techniques to stimulate the muscles and circulatory system of the body. By influencing the body's natural inner energies, it helps ward off illness and maintain good health.

Foot and Hand Reflexology

Massage and application of pressure to the reflex points found on the soles of feet and palms of hands, which act as small mirrors reflecting the entire organism.

Warm Stone Massage

This treatment uses basalt stones on the body to change the body's response and promote healing, and promotes detoxification by increasing the blood flow.

Scrubs

Coffee Scrub

Following a body massage, the Coffee and Mocha Scrub is applied to the body and gently rubbed off to exfoliate the skin. This is followed by a relaxing milk bath.

Coconut Scrub

This treatment uses the natural moisturizing properties of coconut to re-hydrate dry skin from exposure to sun and salt water. It leaves your skin soft, nourished and silky smooth.

Green Tea Scrub

Rich in anti-oxidants, it removes impurities, free radicals and dead skin cells, exposing your naturally beautiful skin.

Aloe Vera Scrub

A natural healing ingredient, Aloe Vera is known for its hydrating and soothing effects which are ideal for sensitive skin. It leaves your skin feeling refreshed and clean.

Milk Scrub

An excellent conditioning and hydrating scrub. Especially beneficial for those who work and sleep in air-conditioned rooms, it will leave your skin soft and silky. Highly recommended as a pre-wedding must-have for brides-to-be.

Bergamot Scrub

Bergamot Essential Oil deep cleanses and purifies the skin, which makes this scrub an excellent preparation for a detoxifying wrap.

Sandalwood Scrub

A mixture of sandalwood and oil is applied on the body, and peeled off, leaving a layer of smooth, glowing skin.

TRADITIONAL BODY WRAPS

Dead Sea Mud Wrap

Used for centuries to cleanse the body, this treatment is ideal for arthritis and other skeletal problems, and for other skin disorders such as eczema and psoriasis.

Seaweed Wrap

Rich in deep sea minerals, oligo elements and iodine, this treatment draws out impurities and toxins through the skin, cleansing you from deep within. Seaweed is also very soothing for skin disorders.

Manicures & Pedicures

Spa Manicure

A combination of Hand Spa & Manicure which includes nail and cuticle care, exfoliation, massage, paraffin masque and colouring.

Spa Pedicure

A soothing, nourishing treatment for dry, tired feet which includes nail and cuticle care, exfoliation, massage, seaweed masque and colouring.

FACIALS

Aroma Facial

Retreat into the arms of Mother Nature to experience the healing powers of reflexology coupled with a scalp massage using the purest essential oils. No machines are used in this treatment which relies on the healing touch of the therapist alone.

Collagen Facial

A special treatment to fortify your precious skin with collagen, which is a vital protein in skin tissue. Choose from four masques the one best suited to smother your skin with rich nourishment and well deserved indulgence.

Botanical Hair Spa

This treatment is customized to meet your individual hair and scalp needs. Fresh seasonal ingredients such as carrot & avocado along with essential oils are massaged into the scalp, nourishing and strengthening hair, while relieving headaches, migraines and mild insomnia.

Ariyanna Packages

Visions of Ariyanna

Full Body Massage + Scrub + Body Polish + Flower Bath

Ariyanna Feelings

Full Body Massage + Scrub

Ariyanna Velvet Touch

Full Body Massage + Facial

Ariyanna Diver's Desire

Coconut Scrub + Swedish Massage

Ariyanna Inspiration

Full Body Massage + Jacuzzi

Ariyanna Fantasy (5 day package)

Foot Spa + Indian Head Massage + Full Body Massage + Scrub, Wrap or Facial + Full Body Massage

Ariyanna Traveller's Joy

Foot Spa + Back Massage

Ariyanna Love Story - for couples in love

Jacuzzi with Champagne + Full Body Massage + Facial

Ariyanna Sensation

Coconut Scrub + Botanical Hair Spa + Full Body Massage